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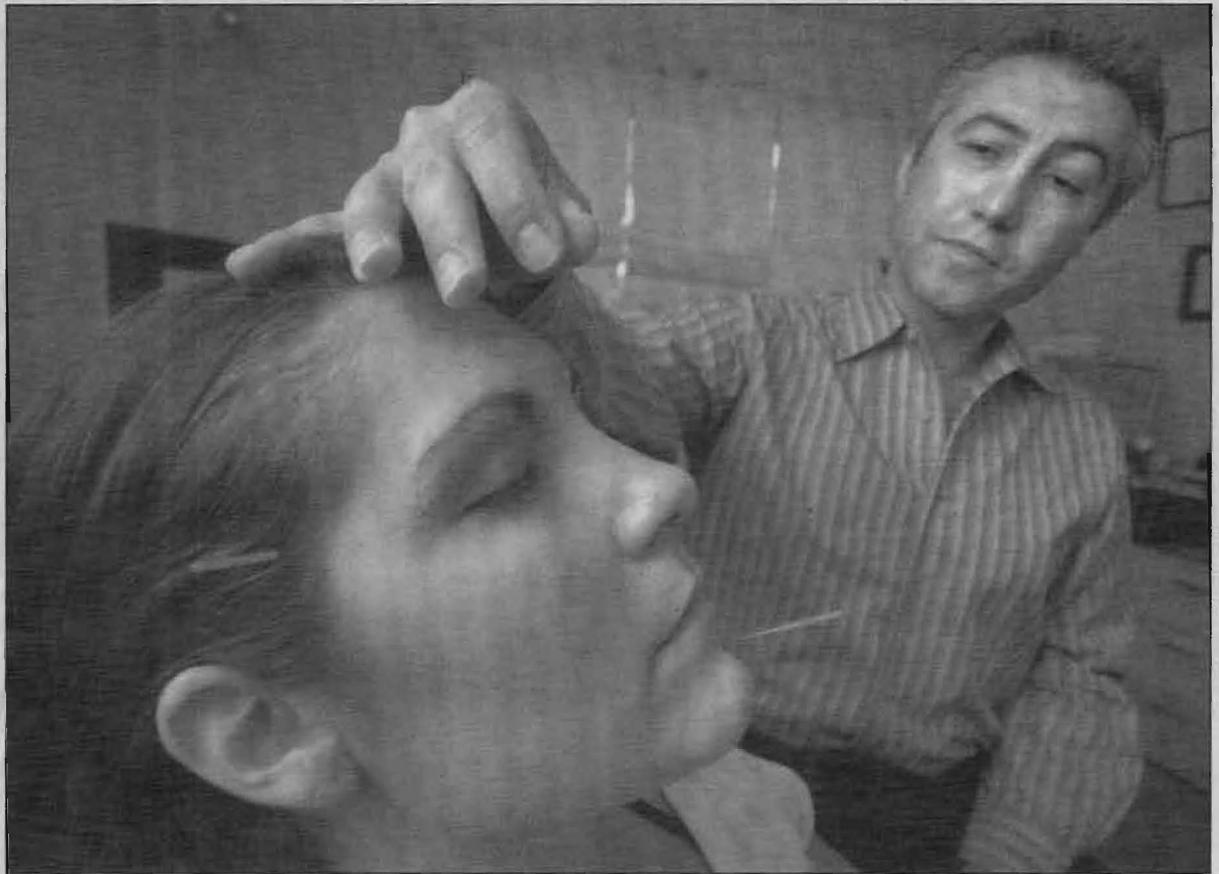
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Findings

Dr. Siamak Shirazi, founder of 2BWell Clinic in Lake Oswego, demonstrates a cosmetic acupuncture technique, called facial rejuvenation therapy, one of several services offered at the clinic.

STAFF PHOTO /
VERN UYETAKE



Acupuncture clinic offers cosmetic options

By **MATTHEW SHERMAN**
Staff Reporter

2BWell Clinic in Lake Oswego offers a number of acupuncture and naturopathic services to people of all ages. And, its founder says that it is Lake Oswego's first acupuncture center for cosmetic surgery.

"It's a rare service in this field," said Dr. Siamak Shirazi, the clinic's founder.

This cosmetic acupuncture uses special needles, which are smaller and more intricate than standard acupuncture needles, for what Shirazi calls facial rejuvenation therapy.

2BWell — open since Jan. 1 — is located in a converted house along Boones Ferry

Road, which Shirazi believes provides a combination of charm and professionalism. Shirazi said he previously worked in Tualatin and has 12 years of experience, but he had always hoped to open a wellness center like 2BWell.

Along with Shirazi, the staff includes a naturopathic physician, a nutritional adviser and a massage therapist.

"We have a terrific staff and have something to offer everyone," Shirazi said.

It is 2BWell's hope that families will take advantage of the clinic's services and that existing patients from Tualatin will begin using the expanded center for more than just cosmetic needs, he said.

Another unique service that Shirazi offers is acupuncture for children with fewer needles so that the treatment is less intimidating. The acupuncture is used mainly for acute and chronic pain management.

2BWell only has been open for a few months, but Shirazi still has big plans ahead. 2BWell is currently trying to start its own branch of supplements for purchase.

The clinic also is trying to start its own branch of relaxing music and is working on its first CD, which will be used therapeutically to ease ailments such as migraine headaches.

"We're hoping to use it as a prescription," Shirazi said.

2BWell also is hoping to

start educational workshops in the fall on a number of topics such as cooking and meditation.

Shirazi said he is thrilled to be in his new building and noted that his research indicated that Lake Oswego would be an ideal spot for 2BWell. And so far he has been pleased with business.

"Our place is lovely. This is a great area," Shirazi said.

2BWell Clinic is located at 5935 Willow Lane in Lake Oswego and is open Monday through Friday from 10 a.m. to 7 p.m. and on Saturday from 10 a.m. to 2 p.m.

For more information, call 503-655-0044 or visit the Web site at www.2bwell.net.